



Year 10 Skills for Life Curriculum Map 2024-25



Subject	Autumn 1 4 Sep – 25 Oct	Autumn 2 4 Nov- 20 Dec	Spring 1 6 Jan- 14 Feb	Spring 2 24 Feb- 4 Apr	Summer 1 22 Apr- 23 May	Summer 2 2 June- 18 July
English	My Weekly Routine Recognising my timetable and describing my week and weekends <i>Reading and writing for meaning</i>		Newspapers & Adverts Learning about the world around us Non-fiction reading and writing for meaning		Healthy living: Hygiene, Grooming & Food Functional information seeking in their environment Reading for meaning Speech & Language practise	
Maths	Numbers 1 Comparing, ordering and spelling numbers Numbers 2 Addition, subtraction, multiplication and division Measurements 1 Basic measures, money and time Shapes 2D & 3D shapes and their properties		Numbers 1 Comparing, ordering and spelling numbers Measurements 2 Temperature Statistics Data collection and graphs		Shapes Review 2D & 3D shapes and their properties	
Science	Rainforest life Mountain life		Using Electricity		Green Plant life cycle	
ICT	Digital literacy: Creating and presenting information	Digital literacy: Creating and presenting information	Digital literacy: Creating and presenting information	Digital literacy: Creating and presenting information	Digital literacy: Creating and presenting information	Digital literacy: Creating and presenting information
Humanities	RE- Hinduism		Modern Times Focus transport		Population: cities, towns and villages	
PSHE	Making healthy life style choices		My Family and Relationships		Healthy Eating Choices	

DT	Equals curriculum Brainstorm ideas-mask research (ICT) Cut outs- play with symmetry	Symmetry research Choose one design and draw the final idea with details	Practical work construct the base Add decoration and test the mask	Interior design project – my perfect bedroom Brainstorm images for a bedroom theme	Plan to make a simple decorative item	Mosaic Tools and processes
FT / Catering	Daily living skills - Adventurer	Healthy eating	Snacks for school trips , healthy snacks for peers Adapting recipes by adding own flavours	Adapting recipes by adding own flavours Snacks for sale, coffee morning snacks.	Adapting recipes by adding own flavours. Fruit and vegetable cooking	Adapting recipes by adding own flavours. Sauces based on tomatoes.
PE	Fitness To develop their core fitness skills	Boccia Develop basic movements including accuracy, co-ordination, throwing, concentration	Kurling Develop basic movements including accuracy, co-ordination, throwing, concentration	Polybat Develop basic movements including various shots using bat	Panathlon Sports Develop basic movements including Jumping, throwing and running	Cricket Develop basic movements including batting, bowling, catching.
	Swimming Weekly swimming lessons are provided to pupils to help them develop an important life-saving skill that will be ingrained in them throughout their lives. Being able to swim and understand essential water safety skills is paramount to their overall safety when around water. Progress in swimming is recorded using our online assessment system B Squared					
Art	Guided Play Attuned Play to develop creativity and confidence.	My Body and rhythm	Art & Movement programme (Based on programme with specialist Ali Golding)	Art & Movement programme. (Based on programme with specialist Ali Golding)	Plants and growth Investigate stories linked to growth	Our environment Drama workshops and costume making
Woodland School	Introduction to connecting with nature, -Fixed point photography to show seasonal changes of plants and trees. (repeat for each season/half term) -Weather discussion and appropriate clothing. -Autumn Activities leading into Winter -Tree and leaf identification -Craft using sticks, leaves, pine cones, acorns etc. -Christmas crafts. Leaf rubbing, printing.		Activities linked to spring, -Understanding the seasonal cycles of the year. -Spring walks. Seasonal language. -Seed sowing and planting. Identifying different animals and plants you see throughout the seasons. -Foraging -Puddle and mud activities.		Activities linked to summer, -Nature walks -Making a bug hotel -Flower crowns -Natural paints and dyes -Scavenger hunts -Pond dipping.	

	-Autumn walks and foraging in Wandsworth common		
Horticulture	Getting ready to work in the garden Weather discussion and appropriate clothing. Using tools safely How to clean the tools Keeping the area tidy Create the craft things for Christmas Fair Harvesting crops Sowing winter flowering veg Indoor sprouting. Start house plant cuttings	Sowing Prepare the growing area Sowing the vegetable/herbs seeds and seedlings indoor/outdoor Sowing the flowers seeds Propagate the plants Keeping the area tidy	Planting Keeping the area tidy Growing the seeds/seedlings/plants Propagate the plants Create the craft things for Summer Fair