

PE / Leisure & Recreation Curriculum Overview 2024-25						
Pathway/	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Groups	4 Sep – 25 Oct	4 Nov- 20 Dec	6 Jan- 14 Feb	24 Feb- 4 Apr	22 Apr- 23 May	2 June- 18 Jul
Skills for Life Pathway	Fitness To develop their core fitness skills	Boccia Develop basic movements including accuracy, co- ordination, throwing, concentration	Kurling Develop basic movements including accuracy, co- ordination, throwing, concentration	Polybat Develop basic movements including various shots using bat	Panathlon Sports Develop basic movements including Jumping, throwing and running	Cricket Develop basic movements including batting, bowling, catching.
Vocational Pathway	Fitness To develop their core fitness skills Basketball Develop movements including running, jumping, throwing, catching		Futsal Develop movements including passing, shooting, dribbling Badminton Develop movements including various shots using racket.		Athletics Develop movements including Jumping, throwing and running Cricket Develop movements including batting, bowling, catching.	
All students	Swimming  Weekly swimming lessons are provided to pupils to help them develop an important life-saving skill that will be ingrained in them throughout their lives. Being able to swim and understand essential water safety skills is paramount to their overall safety when around water.  Progress in swimming is recorded using our online assessment system B Squared					
Students from Year 9 onwards are encouraged to lead some warm-up activities to develop their leadership skills which will involve problem solving, communication, self-belief, self-managing and teamwork						